



Exhibition Hours

Friday, July 15, 2016 - 4:00pm-8:00pm (Not mandatory, but grounds are available for set up)
 Saturday, July 16, 2016- 10:00am-7:30pm
 Sunday, July 17, 2016—10.00 am—4:00 pm

Exhibitor Space

10'x10' - \$125 per day \$240 per weekend
 10'x20' - \$180 per day \$295 per weekend
 10'x10' tent—\$65 per day \$120 per weekend
 15 amp power \$25 per day
 30amp power \$35 per day
 Parking will be provided to all exhibitors.

The Festival grounds will include food stations, beer and wine garden, 2 speakers stages, game areas and the vendors exhibits in the four main categories of Body, Mind, Spirit and Nutrition.

Admission Fee to the Festival for patrons is \$2.00 or a donation to the Lanark County Food Bank.

Please forward inquiries to **“Lakeside Festival of Health and Wellness”** via email: Aaron.hay@outlook.com
 Or mail to : P.O. Box 448 Carleton Place, ON K7C 3P5

Exhibitors are expected to be on site during the festival. Payments may be Visa, M/C, Cash, e-transfer or Cheque (payable to: Hay Shore Lakeside) *All space fees are due by 5pm June 30, 2016.*

Call to Reserve your space now!
(613) 253-5253(lake)



717 Lake Park Road,
 Beckwith Twp., ON
 K7C 3P2



Sat., Sun.,

July 16, 17, 2016

Hosted by:



Location:

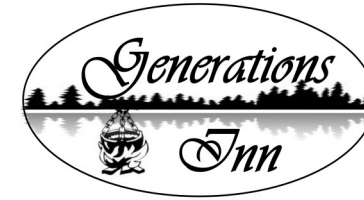
**717 Lake Park Road
 Beckwith Twp.,
 RR#2 Carleton Place, Ont.
 K7C 3P2
 (613) 253-5253**

Something for Everyone!!!

You are invited to join us at our beautiful lakeside location for a chance to connect your mind, body and spirit!!!

Sponsored by:

Your name	
here	



717 Lake Park Rd.
Beckwith Twp.,
ON, K7C 3P2
(613) 253-5253



Accommodations Available!

- *B+B rooms (includes breakfast) @ \$159 per night/ \$300 weekend (based on double occupancy).
- *1 bdrm cottage on lake @ \$375 weekend
- *1 bdrm cottage @ \$325 weekend
- *Open concept Yurt @ \$325 weekend
- *RV/Campsites with hydro/water (limited available) @ \$49 per night
- *RV/Campsites no services @ \$35 per night
- *Fully licensed dining establishment on site with patio and boat access!

Activities may include:

- *Guest Speakers—Local Experts on Health and Wellness
- *Fun and Educational Games for Kids and Adults
- *Yoga, Tai Chi, MMA, Cross Fit Classes
- *Massage
- *Drum Making
- *Healthy Cooking Demonstrations!

Exhibitors may include but not limited to:

Body: Massage therapy, yoga, gym, reiki, spa, martial arts, reflexology, chiropractic, physiotherapy, massage, weight loss...

Mind: family therapy, drug and alcohol support, colleges and learning institutions,...

Spirit: crystal healing, quantum vibrational healing, tai chi, meditation,...

Nutrition: various food stations will offer delicious healthy food!!!

Hay Shore Lakeside is now proud to offer **Generations Inn**, a picturesque restaurant and patio, B+B and venue for gatherings. Conveniently located on the banks of the Mississippi, just minutes off of HWY 7 near Carleton Place, our excellent chefs prepare a wide variety of fine dishes, both "Inn" house and for your next catering event!

